





Comprehensive EAP support







- Employees & Family Members
- Phone consultations
- · Crisis intervention
- Network referrals
- Referrals for work/life support
- In-person assessments (up to 3 face-to-face sessions per issue)
- · Onsite seminars

- Assessment tools
- Webcasts
- Articles and videos (WebMD content)



- Unlimited consultation and role playing
- · Management referrals
- Workplace conflict

- Management referrals
- Resource library



Support

- Consultative support for management team
- Critical incident management
- · Disaster response
- Wellness support

1-800-944-4887
Healthresourceprogram.com
For HR and managers: www.cigna.com/eapmanager



Life Issues Employees and Family Members Face





Easy access 24/7 – however and whenever needed!

- Employees and household family members are eligible for EAP services
 - NOT required to be enrolled in HON medical
- Support for face to face counseling sessions
 - up to 3 visits per issue at no cost
 - Transition to mental health coverage if needed
- Telephonic support
- Online interactive tools and educational materials



EAP Resources for HR and Managers



- Critical incident stress management: site closings, reductions in force, traumatic events, or employee death
- Organizational change management
- Performance decline
- Substance use concerns
- Violence in the workplace
- Workplace conflict
- Management referrals
 - Informal: Encourage voluntary access to EAP during early stages of performance decline
 - Formal: Performance-based voluntary referral; subject to signed release; Cigna will report compliance
 - Mandatory: EAP is condition of continued employment (e.g., substance use concerns);
 subject to signed release; Cigna will report compliance
- Direct escalations from HR and managers to Lori Velez

For HR and Managers: www.cigna.com/eapmanager

Honeywell Internal

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