

RJ Singh:

I'm personally incredibly passionate about health and wellness, both mine and the space in general. And I think it's an incredibly unique opportunity to be able to combine both your personal passion with professional ambition. So I'm privileged and honored to have this kind of an opportunity to work in an environment where I can take both those elements of where I want to be in the future and combine those.

I look at our growth. So if we look at where Life Time is today and where we are going in the next two, three, four, five years, I think every company feels that their culture is unique. But I would say it's different at Life Time. And one of the things that you have here are a lot of extremely passionate people. And I was trying to figure out why. Why is that the case? And I think one of the reasons is that the unique thing that we have at Life Time is a majority of our team members, our employees, are passionate about the product that we produce, which is a service around fitness and health. They themselves are consumers and passionate about that space. So that creates a really interesting dynamic when you have a group of people that are so excited to be members along with employees of an organization.

The other things that we encourage is when you have a problem set that you cannot solve at your desk, physically remove yourself. I know that personally I solve the majority of my major challenges when I'm at the swimming pool doing laps or I'm running, or I'm on a bike. And I think we are encouraging our employees to be able to do that. We also do a lot of group meetings and one-on-ones out in the clubs. So you'll see a lot of my team members taking, for example, yoga classes together, or doing spin together, or lifting weights together. And that creates, again, both a culture of health, but also a great dynamic within our team members.